## **Aquatics Schedule**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
12:00—1:30 <b>Lap Swim</b> Ages 18+	12:00-1:00 Senior Arthritic Aquacise Ages 50+	12:15-1:30 <b>Lap Swim</b> Adult 18+	12:00-1:15 Senior Arthritic Aquacise Ages 50+	12:00-1:30 <b>Lap Swim</b> Adult 18+	10:15—12:00 am Parent & Tot Swim 8-17
1:30-3:00 <b>Open Swim</b> Ages 18+	1::15-2:15 <b>Lap Swim</b> Ages 18+	1:30 - 3:00 <b>Open Swim</b> Ages 18+	1:15-2:15 <b>Lap Swim</b> Ages 18+	1:30-3:00 <b>Open Swim</b> Ages 18+	12:00—2:00 pm Youth & Family Open Swim Ages 8-17
3:15-5:15 <b>Youth swim</b> <b>8-17</b>	2:15-3:00 <b>Open Swim</b> Ages 18+	3:00-3:30 <b>Youth L.T.S</b> Ages 8-17	2:15-2;45 <b>Open Swim</b> Ages 18+	3:00-5:00 Youth Open Swim Ages 8-17	3:00—5:30 pm <b>Adult Open</b> <b>Swim</b> Ages 18+
	3:15-5:15 <b>Open Swim</b> Ages 8-17	3:30-4:30 Youth Open 8-17	3:15-5:15 <b>Open Swim</b> Ages 8-17	5:30-6:00 <b>Family L.T.S</b>	
<b>5:30 6:30</b> Lap swim 18+	5:30-7:30 Sauna only		5:30-7:30 Sauna only	5:30-7:30 <b>Family Swim</b> (All Ages w/adults)	Sauna Will Be Open During Adult Times
6:30 –7:30 <b>Aquacise</b> Ages 18+	5:00-7:30 **Lifeguard Training	5:30-7:30 18+	5:00-7:30 **Lifeguard Training	* Note: Swim schedule will be Adult open until Jan.	**LG Training to start in January

All children 7 years old and under 4 feet tall must be accompanied and supervised in the water by an adult.

Two children per adult.

## **Other Exciting Programs**

Weight Room Computer Lab Aerobics Line Dancing Boxing Arts and Craft	Monday— Friday Monday— Friday Monday, Wednesday, Friday Wednesday Monday— Thursday TBA	5:30 - 6:30pm 5:30 - 7:30p.m. 5:30 - 7:30pm.	18+ All ages 15+ All ages All ages
Dance Team Schedule subject to chan		5:30—7:00pm	All ages



## TRAVEL BASKETBALL TEAMS

Monday	Jr. Boys Basketball	February - April
Tuesday	Senior Girls Basketball	February - April
Wednesday	Senior Boys Basketball	February - April
Thursday	Jr. Girls Basketball	February - April
Friday	Midget Girls Basketball	February - April
	See Staff for Details	·

## Gymnasium Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:00-11:00 <b>Senior Aerobics</b> Ages 50+	12:00-2:30 <b>St. Adalbert</b> <b>Gym Class</b>	10:00-11:00 <b>Senior Aerobics</b> Ages 50+	12:00-2:30 <b>St. Adalbert</b> <b>Gym Class</b>	10:00-11:00 <b>Senior Aerobics</b> Ages 50+	10:00-11:00 Peewee Basketball
12:00-2:30 St. Adalbert Gym Class	3:00-4:00 St. Adalbert Practice/youth open Ages 8-17	12:00-2:30 St. Adalbert Gym Class	3:00-4:00 St. Adalbert Practice/youth open Ages 8-17	12:00-2:30 <b>St. Adalbert</b> <b>Gym Class</b> Ages 18+	11:00-12:45 <b>Adult Open</b> <b>Gym</b> Ages 19+
3:00-4:30 St. Adalbert Practice/youth open Ages 8-17	4:00-5:00 <b>St.Adalbert</b> <b>Basketball</b> Practice Ages 8-17	3:00-4:30 St. Adalbert Practice/youth open Ages 8-14	4:00-5:00 <b>St.Adalbert</b> Practice Ages 8-17	3:00-5:00 St. Adalbert Practice/youth open Ages 8-14	1:00-3:45 Adult Basketball League
5:00-6:30 Junior Boys House League Basketball Ages 12-14	5:00-6:30 Midget House League Basketball Ages 8-11	5:00-6:30 Junior Boys House League Basketball Ages 12-14	5:00-6:30 Midget House League Basketball Ages 8-11	5:00-6:00 <b>Senior House</b> <b>League</b> Ages 15-17	4:00-5:30 Adult House League Bas- ketball
6:30-7:30 Old Timers Basketball 35+	6:30-7:30 <b>Adult Open Gym</b> <b>18</b> +	6:30-7:30 <b>Adult Open Gym</b> Ages 18+	6:30-7:30 OID Timers Basketball 35+	6:00-7:30 <b>Family Open</b> <b>Gym</b> All Ages	

NOTE: Fairfax will be a host site for citywide basketball games during the months of February, March and April. Please call for changes in schedule.